

BREAK THE SILENCE CAN HELP

Recent studies show:

- Christians who said that pornography is a major problem in the home: 47%
- Pornography use is usually a symptom of a deeper issue.
- Many people use pornography to avoid emotional and/or sexual intimacy with their spouse.
- Consistent use of pornography promotes the notion that sex is unrelated to love, commitment and marriage, thereby leading to the view that women and/or one's spouse are mere sex objects.
- Users of pornography will consistently struggle with anger, guilt, shame, increasing anxiety, and oppressive memories.
- There is hope.

Chadwick Walenga is a Christian Ordained Pastor. He has been providing relationship counseling for over a decade within the context of the local church, seminars and retreats.

Chadwick is also a forum moderator and outreach ministry team member for The Pink Cross Foundation. Pink Cross reaches out to those struggling with pornography by offering education and resources to recover.



Break the Silence

SEXUAL INTIMACY AND DELIGHT



BREAK THE SILENCE

7203 South Cooper Suite 101, Arlington, Texas 76001

To schedule an appointment, call 231.414.3174.

If you are interested, contact Chadwick about how he can help you, your church or your organization with special sessions, seminars, counseling or retreats.

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Our mission is to relate emotional well-being to biblical spirituality in order to transform families, individuals, relationships, churches and organizations from the effects of pornography.

One of the best definitions of sexual intimacy and delight is in Genesis 2:25, where the Bible says that Adam and Eve “were both naked, and they felt no shame.” They were free, safe, valued, sexually expressive, loving and loved.

Sexual intimacy and delight offer deep joy to a husband and wife. When sex is experienced, as designed by God, nothing comes close to its expression of love. It is an elusive love, however, one that is fragile and easy to despoil. But when a man and a woman in love honor God and one another in marriage, sexual intimacy in its purest form is a blessing that God Himself will provide to the faithful couple.

Sexual problems and relationship challenges can, and often times do, hinder intimacy and delight.

If you are struggling with pornography, then you may feel a great deal of shame and be reluctant to speak about it. The Break the Silence ministry team wants you to know that you will be accepted and understood as you move ahead with this struggle. You will receive love, acceptance and forgiveness.

Break the Silence will help you discover how to:

Be honest with yourself about the seriousness of the issue.

Determine how willing you are to take steps to change.

Identify the triggers that are involved in tempting you to use pornography.

Put in a place a system of accountability and structure with the help of a trusted friend or confidant.

For the Spouse or Parent of a Pornography User:

You will receive help during the time when trust is being rebuilt.

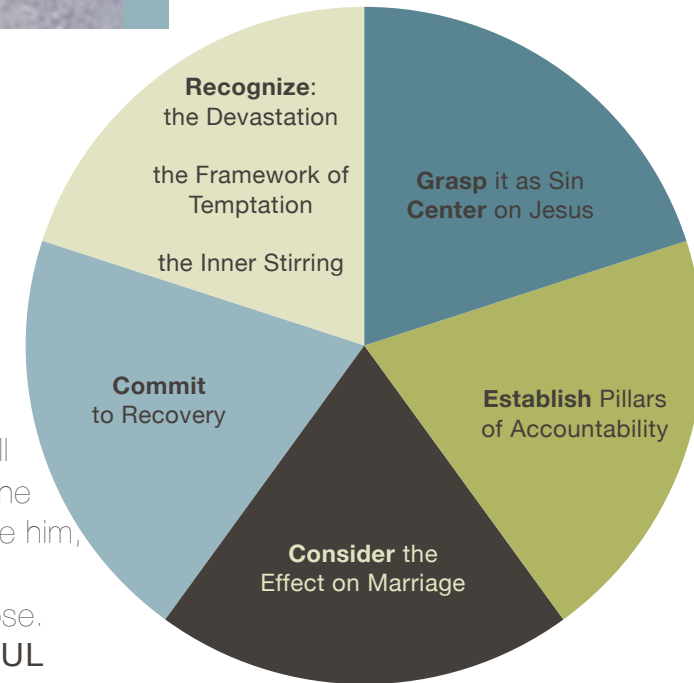
You will receive space to be honest with your anger, guilt, shame and sense of betrayal.

You will have someone to walk with you through the process of choosing to forgive while trust is earned.



LIST OF SERVICES...

- Sex and Relationships
- Sexual Problems and Relationship Challenges
- Sexual Addiction and Deviance
- Gender Identity Issues
- Sexual Issues in Parenting and Family Life
- Help for the Person Viewing Pornography
- Help for the Spouse of the Person Viewing Pornography
- Help for the Parents of the Person Viewing Pornography



And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

- THE APOSTLE PAUL